PARANORMAL UNDERGROUND®

Volume 14, Issue 8

August 2021

PARANORMAL ENTHUSIAST Shiloh Ogea Beene

13 Most Haunted Places in Texas

What Is Sound Healing? GHOSTLY PHOTO CAPTURED IN GETTYSBURG

SASQUATCH: A Sentient Being

5 TOP CRYSTALS
FOR TRAVELING

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8 ZOMBIE HORROR MOVIES EVERY HORROR LOVER NEEDS TO SEE A Q&A WITH BUSTER JOHNSTONE: 'FIRST CONTACT 02-2022' ARE PARANORMAL INVESTIGATORS ASKING THE RIGHT QUESTIONS? CASE FILES: HAUNTED BY THE PREVIOUS OWNERS

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RYAN CLARK

t various times in his life, Ryan has chased hurricanes, hunted for ghosts, searched for buried treasure, and interviewed some of the world's most famous athletes. The point? He loves to tell stories,



and he's been doing it for 20 years — ever since he graduated with a journalism degree and started writing for newspapers.

He told stories for Northern Kentucky University (and earned his MA in English from there) and Xavier University, where he worked in marketing and taught media classes before coming to the University of Kentucky's College of Health Sciences in January 2021. Ryan is an alum of UK's College of Education (he earned his MSEd in 2017), and he's always been a huge fan of the Wildcats. He's even written a few books on the topic.

He's also freelanced for six years for Ripley's Believe it or Not!, as well as jimharold.com, WCPO.com, *The Cincinnati Enquirer*, *NKY Magazine*, and the *Northern Kentucky Tribune*.

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BOB FOUNTAIN

As an investigator and evidence analyst with Spectral Tech, Bob and the team help their clients find answers while helping to educate them about the paranormal in the process. As a special projects manager primarily involved in process engineering,



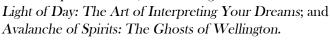
and because documentation and analysis is paramount to serious investigations, Bob was drawn to take more than a passing interest and become actively involved in the study of different paranormal phenomena.

He has a bachelor's degree in applied organizational management and a bachelor's in metaphysical science from the University of Metaphysics. Bob is also an ordained minister/metaphysical practitioner with the International Metaphysical Ministry.

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Willie is a shaman and supernatural consultant. He works by himself, as well as with his wife, Schmon. He belongs to the Paranormal Clergy and Dominion Ministries. Willie is the author of two books detailing his 50-year journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.



Willie has appeared on A&E's Cursed: The Bell Witch and CMTs Most Shocking Ghosts. He also hosted a public access show in Louisville, Kentucky, for 12 years, called Spiritual Gifts and Wonders. In addition, he created a group of sensitives, called Soul Warriors, who are based across the U.S.

CHERYL KNIGHT-WILSON

Cheryl is co-creator and editor-in-chief of Paranormal Underground magazine, cohost of the Intention Is Everything podcast, and producer of Paranormal Underground Radio. She has more than 30 years of experience as a professional writer and editor and



has written thousands of articles on topics ranging from advanced technology to paranormal phenomena.

Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications and online media.

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MORGAN LINEBERRY

Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained thanks to experience with the unexplained thanks th



thanks to experiences with the unexplained that she has experienced throughout her life.

Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground's* monthly news column.

KELLY MCCLURE

Z elly is the former editor-in-chief of The Lineup and Murder & Mayhem. For the past 20 or so years she's written about music, film, TV, books, and paranormal news for a number of different places. Kelly's first anthology of short fiction efforts, Terrible Stories, was published by Budget Press in 2017.



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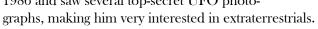
Through her writing, online courses, and material offerings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance. sagegoddess.com

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Rainbow is a paranormal, abductee, and cryptid researcher along with her husband, Michael. She is an experiencer herself, dealing with paranormal phenomenon since childhood. The silk road of life has led Rainbow in many directions: cowgirl, medicine woman, gypsy, belly dancer, and truth seeker. All directions have paralleled each other, finally coming together in Rainbow's articles, research, and blogs. dimensionalwalking@gmail.com

PAUL DALE ROBERTS

 \mathbf{K} nown as an esoteric detective, Paul has been reading and studying the unknown since he was a young boy. He has been to over 59 countries to document the paranormal. He worked for military intelligence from 1979 to 1986 and saw several top-secret UFO photo-



Paul is a journalist for the Costa Rican Times, and his articles cover metaphysical topics and paranormal investigative stories. He is co-owner of Halo Paranormal Investigations.

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ichael J. Seidlinger is a Filipino American author of *My Pet Serial Killer*, Dreams of Being, The Fun We've Had, and nine other books. He has written for, among others, Buzzfeed, Thrillist, and Publishers Weekly, and has led workshops at Catapult,



Kettle Pond Writer's Conference, and Sarah Lawrence.

He is a co-founder and member of the arts collective, The Accomplices, and founder of the indie press, Civil Coping Mechanisms (CCM). He lives in Brooklyn, New York, where he never sleeps and is forever searching for the next best cup of coffee.

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CHAD WILSON

freelance writer, Chad is co-creator and **T**publisher of *Paranormal Underground* magazine and co-producer of Paranormal Underground Radio. His interest in the paranormal led to the creation of www.ParanormalUnderground.net.



Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, and private residences among his investigations.

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Have You Had a Paranormal Encounter You'd Like to Share?

f you've had a paranormal encounter and would like to share it with our readers, email us at paranormalunderground@ live.com. Tell us about your experience, and we may publish it in a future issue.



We are looking for encounters with all types of paranormal phenomena, including experiences with ghosts, cryptids, UFOs/ETs, the spirit realm, psychic phenomena, etc.

Your submission can be anonymous!

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CUE CLICHÉ TITLE — HELLIER IS A HELL OF A RIDE

recently watched the second season of <u>Hellier</u>, a mystery-filled documentary that follows a team of paranormal investigators as they research reports of strange phenomena in Kentucky, West Virginia, and the surrounding areas.

In Season 1, the team, including Greg Newkirk, Dana Newkirk, Karl Pfeiffer, Connor Randall, and Tyler Strand, dive head first into a bizarre report of goblin-like creatures in Hellier, Kentucky, as witnessed by a mysterious stranger. By Season 2, the team has been led further down the rabbit hole by new witnesses and a string of strange connections and synchronicities that seem to say:

Both seasons are well-directed and produced, and I enjoyed being taken on a wild ride as the investigators searched to find answers into what turns out to be much more than just a "simple" case of goblins dwelling in caves and roaming the woods. After watching *Hellier*, it's clear: Our world is far stranger than most of us realize. But if you're reading this to begin with, you already knew that!

Something BIG is going on here.

I have been a big believer in high strangeness, as well as synchronicity, for many years, but the connections that exist between a variety of subjects in this documentary are mindblowing, to put it mildly. In Season 1, the team looks into goblinoid-type creatures that are said to inhabit the extensive cave systems beneath Kentucky, and elsewhere, but the show exclusively focuses on The Bluegrass State. Next are the connections made between the Mothman case of Point Pleasant, West Virginia, and one of its most infamous figures in ufology, the enigmatic Indrid Cold.

Yes, there's a lot going on in this documentary, but it is from such fabric that the best tales are spun. And *Hellier* Season 2 continues one hell of a ride as it ramps up from the first episode, with each new episode adding another piece to the growing puzzle that is *Hellier*.



Chad Wilson, Publisher

As a paranormal investigator, I watched each episode looking for a way to explain it all. Was it all faked? Were there natural explanations that could explain everything? Was it all coincidence? But as each episode ended, I found myself compelled to head up to Kentucky to start investigating.

The documentary features intriguing paranormal experiments, impressive research, and plenty of investigation into various paranormal reports. But it's not your typical paranormal show that usually features superficial investigations with little substance.

Ultimately, each viewer will have decide what they think of the story that *Hellier* tells. But I am hooked and looking forward to seeing Season 3 and what else the investigators find in the hills of Kentucky ... or elsewhere. •

September 10-12

<u>Haunted Savannah Paracon</u> Hotel Indigo Savannah Historic District Savannah, Georgia

September 11

Para-Con West Virginia Penitentiary Moundsville, WV

September 17-18

WNC Bigfoot Festival Downtown Marion, NC

September 17-19

Mass ParaCon
Best Western Adams Inn
Quincy, Massachusetts

September 17-19

Los Angeles Conscious Life Expo LAX Airport Hilton Los Angeles, CA

September 17-19

Conscious Life Expo UK Hilton London Olympia London, England

September 18

Midwest Parafest
The Oliver House
Toledo, Ohio

September 18

San Antonio Paranormal Fest Victoria's Black Swan Inn San Antonio, TX

September 24-25

Michigan UFO Con-Tact Lakeside Resort & Conference Center Houghton Lake, MI

September 24 & 25

<u>UFO Fest</u> McMenamins Hotel Oregon McMinnville, OR

September 25

Milwaukee Paranormal Conference Alverno College Milwaukee, WI

September 25

New Jersey Paraunity Expo Woodbridge High School Woodbridge, NJ

October 1-2

Honobia Bigfoot Festival and Conference
Honobia, OK

October 2-3

<u>Las Cruces ParaCon</u> Las Cruces Convention Center Las Cruces, NM

October 8-10

<u>Vulture City ParaCon</u> Vulture City Ghost Town Wickenburg, AZ

October 15-17

Strange Realities Conference SIR Nashville Nashville, TN ◆

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My name is Ann, & studying, researching, & investigating EVP is a passion of mine. What began as a hobby has become something so much more important!

LOST VOICES EVP RESEARCH is a site dedicated to the sharing of my findings, thoughts and theories,

I would love to hear from any likeminded enthusiasts out there so that we can discuss our projects,

Feel free to contact me on annomalie@yahoo.com or via www.lostvoicesevpresearch.com.

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GHOSTS, TIME TRAVEL AND A UFO

BY MORGAN LINEBERRY

2027 TIKTOKS

he good news is that we have a few more years. The bad news is that we only have a few more years, according to Javier, a self-proclaimed time traveler who posts on TikTok. According to Paul Seaburn of *Mysterious Universe*, Javier claims to be stuck in 2027 and has been sending videos about the "end of humanity."



Javier claims that he woke up in a hospital, and six years had mysteri-

ously vanished. It is unclear how he is posting on TikTok, as well as how we are seeing his videos from six years into the future, but they do look odd, especially the lack of people on the streets.

Javier believes "he's in a parallel world that's six years ahead of where he came from but with no other humans." This sounds like the basis of a horror movie, and I certainly hope it's not true! You can find Javier's videos on his TikTok, lone survivor.

A GHOST HUNT GONE AWRY

n a ghost hunt gone bad, <u>Huff-Post's Ed Mazza</u> reports that a ghost hunter reportedly fell 15 to 20 feet while performing an illegal paranormal investigation at the Buffalo Central Terminal in Buffalo, New York, around the beginning of August.



The location gained attention when the TV show Ghost Hunters filmed there over the years. An active train station for over 50 years, the terminal has been partially refurbished and occasionally hosts special events, including paranormal investigations.

According to local news station WGRZ, the man and woman had been investigating the premises without permission when the woman fell through a substation roof. The woman was taken to a local hospital to be treated for multiple injuries. The man, meanwhile, was uninjured. So far, no trespassing charges have been filed in connection with the case.

HEADLESS HORSEMAN SAYS CHEESE

aught on camera: one headless horseman! Jocelyne LeBlanc of <u>Mysterious Universe</u> states that a horseman who "was believed to have died beside Garden Lane in the village of Cadeby" in the U.K. has been captured on camera.



The photo was taken in Dean Buckley's backyard, which would have been fields during the battle. Buckley, a paranormal investigator says, "I heard a horse twice in a few minutes so I went outside and, me being me, snapped three photos, and he appeared on the second."

The paranormal research group that Dean is a part of has been investigating the spirit for a while. They plan



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on conducting one more investigation. I would love to see any physical evidence they get.

FOLLOWED BY AN ANGRY GHOST

ver felt like you're being followed but turn around and no one's there? Could it be that you're follower is invisible?

Helen Kreft of <u>StokeonTren-tLive</u> explains that this is just what happened to one young woman. Leah Lewis believes an aggressive ghost followed her home.



Lewis contacted a medium who feels that "the ghost 'followed' Leah home from her work at a shop in Burton in Staffordshire, England, that he had been haunting."

Staff at the shop already speculated that there was a man who had been murdered there before the shop was built and that his spirit was aggressive. Leah has since seen things, heard things, and been scratched by an unseen entity. The medium has removed the spirit and, hopefully, Leah is safe now.

JELLYFISH-LIKE UFO CAUGHT ON VIDEO

his may be the coolest UFO I have ever seen!

Anomalien.com states that a passenger on a flight noticed something strange outside of their window and decided to record it. The "German tourist, who captured the UFO on a Nikon P900 camera, claimed that the object flew near the plane for about seven minutes."



The jellyfish-like object then "begins to transform and stretch. The white lights on the mysterious ship transform into a Y-shaped figure," and as the cameraman adjusts the focus, "changes shape from vertical to horizontal."

Speculations abound, from UFO to natural phenomenon. Whatever it was, it makes for an amazing video.

GHOST DOG ADOPTION

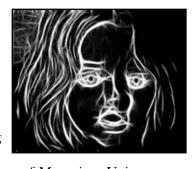
xpress writer Conor Clark brings us a uniquely sweet paranormal story. Couple Michael and Blake Lee, who live in Southport, Merseyside in the U.K., seem to have unintentionally adopted a ghost dog.

It started with footsteps moving toward their bed, then pressure at the foot. While that might sound unnerving, the compiling evidence that it is a ghost dog makes it more heartwarming than scary. Since their first encounter "the ghost has become more comfortable and lies across the bed." Their cat avoids it, which also supports the dog theory.

Using a two-way microphone on their phone, Lee asked, "Is anybody there?" and was met with a howl. He asked if it was a dog and got another howl. The couple is confident that the ghost dog means them no harm.

HOTEL HOTSPOT FOR THE PARANORMAL

nyone looking for a good and scary tourist location should check out the Adelphi Hotel in Liverpool, England. Lee and Linzi Steer did, and they captured evidence of "swearing ghosts and spirit children,"



according to Jocelyne LeBlanc of <u>Mysterious Universe</u>.

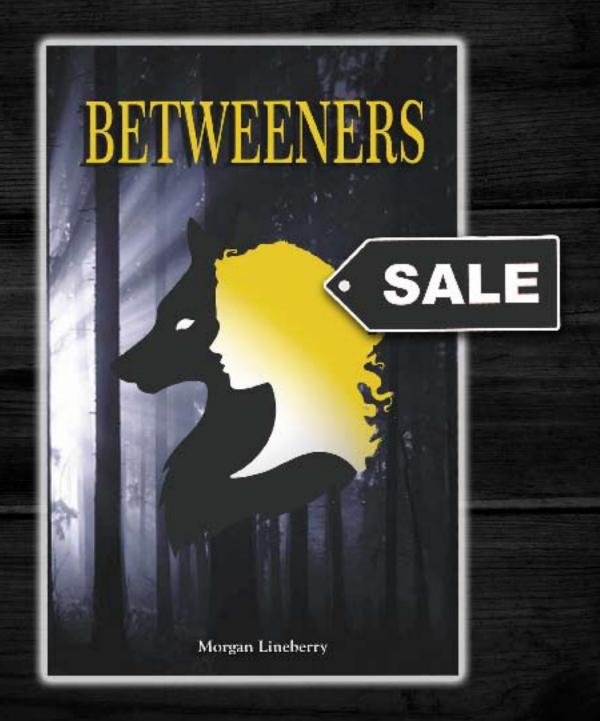
While livestreaming their experience, two children were spotted in the background. Other events included "lifts moving on their own and even the doors opening up; sudden temperature changes in their room; and hearing unexplained scratching sounds and whistling."

A livestream is a difficult thing to fake, which makes me more prone to believe the activity is real. The hotel is known for paranormal activity, so the Steers are not the only people to witness creepy occurrences there. •

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8 ZOMBIE HORROR MOVIES EVERY HORROR LOVER NEEDS TO SEE

BY MICHAEL J. SEIDLINGER, THE LINEUP



ombies. We know it's a tired concept and category, but there's just something so irresistible about the idea of humans — in death — still being unable to rest in peace. Our bodies are so often these strange vessels we use to travel and experience life; when they are inverted to become cages, that's where ideas like zombies become truly horrifying propositions.

Even in 2021, we're seeing the zombie genre blossom the occasional new and fresh take on the undead, and it seems foolish to simply shrug them off as "more of the same."

We gathered up eight zombie films that you need to experience, because they may very well change the way you feel about the zombie genre.

1. One Cut of the Dead

From the dredges of the Japanese indie theater, this film managed to transcend its small budget and extremely limited release (it debuted in a tiny theater, and showtimes ran for only six days) to become something so original, film fans hunted down a way to view it for themselves.

What begins as a narrative about a director shooting the eponymously titled *One Cut of the Dead*, which also happens to be a low-budget zombie film, at a water filtration plant, things quickly turn south when the director, failing to rein in the interest and talent of his actors, paints a pentagram and conducts a ritual in hopes of conjuring up zombies as per the legend surrounding the filtration plant.

It doesn't take long for an unexpected twist — the fake



zombies become real as zombified yakuza populate the set. Of course, no one is any wiser until the bites become real and the undead become an undying threat. The mixture of metaphysical playfulness and the whole low-budget, self-aware humor of the film made it a tremendously unique film that every fan of zombie films and horror in general should enjoy.

2. #Alive

Rear Window meets World War Z with a dash of otaku culture, #Alive is a claustrophobic rendition of the zombie apocalypse. Instead of survivors roaming around as a pack, viewers hunker down with Joon-woo, a video game streamer living with his parents in a South Korean apartment complex, when suddenly portions of the city and country go into lockdown and quickly accelerate toward uncontrollable threat.

Joon-woo's only connections with the outside world are his internet connection, the phone in his hands, and the narrow glimpses he can muster when gaining the courage to poke his head outside via the balcony. Between contemplating suicide and yearning for communication with someone, anyone, #Alive might just be the freshest take on a zombie apocalypse in the era of post-COVID.

3. The Dead Don't Die

Add a little humor to your horror. At least that's what *The Dead Don't Die* demonstrates as an effective way to freshen up the zombie apocalypse. The film dispenses with the usual tension typical of the genre and features a star-studded cast, including co-stars Bill Murray and Adam Driver as two ignorant police officers patrolling the middle-of-nowhere American suburbs when things go horribly awry. Thing is, they seem to be too detached and nihilistic to notice.

When shit hits the fan proper, the bumbling cops face everything from missing farm animals to coffee-obsessed zombies. The film makes the loose connection that zombie or human, we're all existentially bound to a life that seems so very long and short at the same time.

4. The Autopsy of Jane Doe

The sinister pairing of *Reanimator* and *Pontypool*, *The Autopsy of Jane Doe* begins and ends with the unidentifiable corpse hinted in the title. Authorities discover the body of a young woman found at the scene of a homicide. Seemingly, there are no indications of foul play, with the victims leaving evidence to suggest that they were fleeing the body rather than the other way around.

HAUNTED ENTERTAINMENT



The body is sent to a local morgue for an autopsy. Father-son duo Tommy and Austin go about their job like any other night shift, only to experience all matters of supernatural activity.

Though less zombie outbreak and more a calmer and suggestive thriller loosening the term "undead" to encapsulate multiple paranormal activities, the film suggests the residual haunt and horror of a body that refuses to rest. *The Autopsy of Jane Doe* is quite smart and will leave many viewers wondering if zombie films need to be so gory and action-packed. Perhaps a single zombie is all that's necessary.

5. Little Monsters

This film is all kinds of fun and cunningly pushes the zombie threat off as a secondary (or even tertiary) part of the narrative. At its core, this is about a teacher defending children in the face of an unmitigated threat.

Dave is a failed musician that has nowhere else to go after his life kind of blows up in his face (no opportunities, breakup) and goes and lives with his sister Tess and her eccentric son, Felix. Dave helps as much as he can, and one of his responsibilities is to drop Felix off at school. While doing so he meets Miss Caroline, played wonderfully by Lupita Nyong'o (*Us*), and develops an instant attraction.

This leads to him volunteering where he can to get to know her, including a field trip that goes awry, a nearby zombie outbreak resulting in Miss Caroline, Dave, and a group of children forced to survive against the zombie horde. *Little Monsters* manages to deftly blend together smart writing with humor and just enough emotional resonance to entertain even the most seasoned zombie aficionados.

6. REC

The film might have a lot going against it — it's about zombies, and it's also a shaky cam film. However, *REC* plays to its advantages: dark, claustrophobic spaces, an unknown threat, and the desperation of media to cover said threat.

The film's focus is on a young news reporter on the scene of an apartment building in Barcelona. It's supposed to be nothing more than a few shots, maybe a little chat with a few tenants and a firefighter, when the scent

of a bigger story keeps the reporter and camera on the scene. Soon they are locked into the apartment with the other tenants as every single room and hallway becomes a dangerous proposition.

The zombie horrors behind closed doors coupled with the closed in camera make for frequent demonstrations of menace. The film was so well-received during its launch in 2007 that it spawned numerous sequels.

7. The Battery

You'd think there would be more wilderness zombie apocalypse films. *The Battery* is among the handful of films that take the undead to naturalistic settings instead of rundown cities or science labs. Ben and Mickey are baseball players living in New England at the time of the zombie

apocalypse. They drive around the backwoods dirt roads with nowhere in mind.

Traumatized from recent events, their choice to have no particular destination and to cater more to the outside elements than staying sheltered indoors is a deliberate one. They want to be constantly on the move. Of course, the two friends don't see eye-to-eye. This on-the-move wilderness lifestyle is Ben's choice; Mickey is just along for the ride.

Over time, the internal struggle between their bond

ruptures into its own legit threat. The "airiness" of the film is perhaps among its greatest achievements, because though zombie films are good at tension, it's difficult to truly capture the desolate silence and openness of a world inching toward human extinction.

8. Dead Set

Though technically not a film at all, Dead Set is a piece of British horror that can easily be binged in the same amount of time it would take to watch one film. Set across five episodes and five nights, the limited series debut back in 2008 when many of its

integral concepts were new and fresh; however, it still manages to retain a setting that hasn't been done to death.

The setting is none other than *Big Brother*, the original reality television show. The housemates are busily tending to the internal drama while unbeknownst to them the world outside is crumbling. Eventually, the zombies make their way in, and yet the way it all comes apart, it's so worth it. •



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With Co-Hosts
Karen Frazier &
Cheryl Knight-Wilson

SHILOH OGEA BEENE

A Paranormal Enthusiast's Personal Journey

By Cheryl Knight-Wilson

s a child, Shiloh Ogea Beene was confronted with regular paranormal activity. Some experiences were extremely scary, while others were not. The paranormal phenomena she encountered included hearing phantom noises, seeing strange figures, and hearing disembodied voices, as well as other unexplained activity.

These experiences led Shiloh to a life-long journey of investigating paranormal phenomena. As a solo "paranormal enthusiast/investigator," her goal is to help others by documenting paranormal activity and sharing findings whenever possible.

Shiloh recently spoke with *Paranormal Underground* magazine about her paranormal experiences, investigations, methodologies, and compelling evidence.

Q: Please tell us about yourself.

Shiloh: I am just me — Shiloh (Ogea) Beene. I'm not a celebrity, nor am I seeking to be. I simply want to be able to make a positive difference in the lives of the people and places around me. Personally, I love being creative with my vintage jewelry art and other art projects.

I also love traveling and exploring haunted, historic locations, whether with my family, alone, or with select friends. I also enjoy when I can work with a location by helping them raise funds for necessary projects and/or help them set up a paranormal program for tours and overnight private investigations.

I grew up in the Upper Peninsula of Michigan in the Ishpeming and Marquette areas. I attended the University of Michigan in Ann Arbor for my bachelor's degree, and Eastern Michigan University for my master's degree in clinical-behavioral psychology. I then moved to Tennessee where I have lived since May 2002.



Shiloh Ogea Beene's childhood paranormal experiences inspired her to become a paranormal enthusiast/investigator.

I am a Board Certified Behavior Analyst/Licensed Behavior Analyst that works with children and adults with autism, intellectual disabilities, and co-occurring mental health disorders. I opened my own business in May 2009 (Behavioral Outreach Services, LLC) and have been selfemployed and expanding my business ever since.

I also help run an autism organization in Tennessee. I am married and have a wonderful 13-year-old son. He is my sweet boy and my little (not so little) "junior investigator."



Shiloh (pictured left) organized the first public ghost hunt at Crossroads Museum in Mississippi. Also pictured in the front row are Ryan Beene and Melissa and Sammy Brock.

Q: What type of paranormal experiences did you have prior to investigating the paranormal?

Shiloh: I mostly grew up with my grandparents, aunts, and uncle, in a haunted house that has been in our family since around 1872. At times, I also lived with my mom. As a child, I experienced quite a bit of paranormal activity.

In the old family home, there would frequently be footsteps on the back staircase when no one was there. That spirit was good at stomping up and down the stairs, especially later in my childhood when I was trying to do my homework or study for an exam. I would have to frequently tell the spirit to either "show itself, say something, do something, or be quiet because I am trying to study!"

When I was about 7 and had friends over for a birth-day party, a friend and I went upstairs and were about to go down the back staircase, but we both heard footsteps go down the stairs when no one was there. They stopped at the landing where there was a full-size statue of the Virgin Mary that my grandmother got from the convent she used to live in. My friend and I were staring at the statue, and I SWEAR the eyes moved and looked up at us. We

ran out of there as fast as we could, using the other set of stairs. When we compared stories, we both saw the same thing — the eyes of the statue definitely moved, but statues are not supposed to do that!

In one of the bedrooms upstairs in the old family home, there was a cantankerous male spirit that hung out in the closet. He really liked to make you uncomfortable and scared. You could just feel the anger coming off of him, and it really scared me as a child. The only thing I could do was pull the covers up over my head and pray he would go away. Eventually, he did stop doing that for the night so I could go to sleep. It happened more than I liked, and I changed bedrooms as soon as I was able to. I am just glad the male spirit kept himself contained to that bedroom so I didn't have to deal with him anymore.

I also had many paranormal experiences in the different homes I lived in with my mom. She had a knack for picking homes that were active. In the home on Superior Street, I had the small bedroom, which also contained the door and stairs to the fully finished attic. It was a nice, large attic with a wood floor, where my sisters and I had



Shiloh and Melissa Brock at Bobby Mackey's Music World in Kentucky.

fun playing during the day, but we knew better than to play up there at night because it had a completely different feeling. It became super spooky up there even though it had lights.

One night, I was trying to go to bed in my little bedroom with the attic door but couldn't fall asleep. The attic door popped open a little bit, which made me uncomfortable, so I got up and latched it shut again. There was NO WAY I could sleep with that door slightly open. I got back in bed and covered up. As soon as I fully laid down again, I saw spiders of all shapes and sizes crawling on the wall next to my bed and dropping from the ceiling on little threads of spider web. I was completely surrounded in an instant, and I screamed as loud as I could.

My mom came rushing into my room and turned on the light. She asked me what was wrong, and I told her there were spiders everywhere. She said, "There are no spiders in this room. There is nothing there. You must have been dreaming. Now go to bed."

The only problem was I WAS NOT asleep and was having trouble falling asleep. It was NOT a dream. The popping open of the attic door and the attic door opening further on its own kept happening, and the room would

become extremely uncomfortable, like someone was watching you and purposefully making you scared. I was so tired of it messing with me!

The other bedrooms where my sisters slept also felt creepy, so I didn't like being in those rooms, even during the day. The only bedroom that "felt OK" was my mom's. I begged her to switch rooms with me, and eventually she did because I just wasn't getting good sleep. I was so glad when I was able to move out of the creepy, small attic bedroom. But that wasn't the worst house. That was yet to come during my middle-school and high-school years.

As a child I really didn't understand that anything was "paranormal" because it was MY NORMAL. I lived with it no matter where I was at. Unexplainable things just happened everywhere. I thought it was like that for everyone. It wasn't until I became a bit older (around fourth and fifth grade) and started talking with my friends that I found out that everyone does NOT experience those things. The encounters I had since a young child were not usual or normal; they were paranormal. That really confused me but also intrigued me. That's when I started reading as many books as I could access from the school library and local library about ghosts, anything supernatural, and the paranormal. I wanted to gain as much knowledge as possible about the subject.

During middle school and high school, I lived with my mom off and on in a house on Lakewood Lane. That house was what people would call "hellahaunted." At night, my sisters and I would hear full conversations, music, and what sounded like the TV coming from the walls. My mom's bedroom was down in the basement, and we would yell really loud and say, "Mom, turn the TV off. We are trying to get to bed!" And she would yell back, "The TV is not on. Go to bed!" This would happen very frequently. It was really hard to sleep sometimes.

Another thing that happened at that house was the "peeking spirit." We would sit on the couch watching the small TV in front of the small wall that divided the kitchen area from the living room. I would spend quite a bit of time watching TV or sitting on the ledge of the fireplace reading books. From time to time, out of the corner of my eyes, I would see a little, dark figure peaking around the corner. However, when I would turn my head to look at it directly, it would always disappear. This happened A LOT. We all saw it — my mom, myself, and my three sisters. I would tell my mom, "Did you see that!?" And she would say, "Yes, there was something poking around the corner."

This happened for years, yet we would never see it "fullon." It was about three feet in height and a dark gray-black color. It looked like a gnome or troll. Other than making its presence known, it never directly interacted with us.



Shiloh and Melissa Brock (front row) and Debra Shapiro and Billy Sims (back row) are pictured at Octagon Hall in Kentucky.

Years later, when I was still in high school, I went to see a "friend of friend" that was a psychic medium, and she told me the little black gnome was named "North" and that "it wasn't a good thing or a bad thing. It just ... was."

One of the most memorable experiences on Lakewood Lane was when a friend was spending the night because our mothers were going out together. At that time, my bedroom was in the basement. My friend and I were doing something we probably shouldn't (possibly playing the Ouija board or something), when we heard the front door open and then heard footsteps walk around the living room and down the hallway. I was expecting to hear my mom yell down to us that they were home, but that didn't happen.

We then went upstairs, and there was nobody in the in the living room, kitchen, dining room, bedrooms. They just were not there. That spooked us, so we took a butterknife and stuck it in the door jamb so that we couldn't be fooled again by the spirit. As we walked back to the basement door to go to my bedroom, all the cabinet doors in the kitchen flung open and the kitchen sink turned on full blast by itself. My friend and I practically fell down the stairs!

After about 15 minutes, we summoned the courage to go upstairs to turn off the water and close the cabinets. Our parents returned about 40 minutes later, and we had

to let them in because we stuck the butter knife in the door jamb. When I told my mom what happened, she said, "Well, you should not have been doing something that y'all were doing or else the ghost would not have done that." I told her she was correct, and that was that.

To this day, I still do not know what all of it was about, who/what caused it to occur, etc. Was a spirit angry with us? Was it "North" playing tricks? What was going on?! I don't know, and I will probably never get an answer.

Q: How did you become interested in investigating the paranormal?

Shiloh: The experiences I had as a child are what inspired me to become a paranormal enthusiast/investigator. There were just so many unexplained occurrences. For me, this is a personal journey to try to find answers. It's my way of trying to understand this world and the next. It's my way of trying to make sense of it all. It's my way of trying to find out if human spirits come back to earth to visit the places that they lived, laughed, loved, worked, got married, experienced hardships, etc.

Do they come back to the places they loved? Do they visit the people they loved? Do they stay attached to objects that were their pride and joy? I believe the answer to all those questions is "yes." Can I prove it beyond a shadow of a doubt? Nope! But I will continue looking for



Prior to each investigation, Shiloh does a baseline walkthrough, room by room, with equipment running during the day. Then she returns at night to do it all again.

(Photo by Ryan Beene)

answers and trying to see if I can capture potential evidence of the afterlife.

It wasn't until much later in my life, as an adult, that I actually had money to start buying equipment to investigate paranormal activity.

Q: When did you start investigating the paranormal?

Shiloh: In November 2013, I started investigating on my own, as well as with a couple of gal pals at the time. My first piece of equipment was an Olympus digital recorder, which I still have and frequently use to this day. My very first EVP was caught on that recorder, accidentally, when I turned it on and hit the record button for the first time to make sure it worked. I left it recording while a couple of gals pals and I were at the hotel discussing the really cool places that we wanted to investigate in Corinth, Mississippi.

When I went back to listen to the quality of the recording, I caught a male voice that said "really cool places" loud and clear right after we said it. It sounded like a living guy was with us in the room sitting next to the recorder. The whole thing was so crazy because there

wasn't a guy in our room! In fact, the hotel rooms on both sides of us were empty. The nearest room that was rented out was about five rooms away! That was my first experience using equipment, but it wouldn't be my last.

Q: Whose work in the paranormal field do you respect the most and why?

Shiloh: Over the years, there have been many people who have inspired me in my paranormal journey. Some of which I am lucky enough to call friends and/or mentors. They have helped shape how I perceive experiences, how I approach an investigation, and how I help others when called to do so. I would like to acknowledge them here, in no particular order.

I would like to thank Ed and Lorraine Warren for helping to bring the paranormal further into the public eye. I would like to thank Johnny Zaffis for sharing his knowledge in his paranormal TV shows, his books, and being available to consult with me on some paranormal cases. Love you Johnny! You are the best "ole man!"

I would like to thank Jeff Belanger for teaching others how to open doors to locations for paranormal investigations, for teaching others how to deep dive into records to find historical information, and for encouraging me to pursue my paranormal passion and use my "real job" as a behavior analyst as an asset in my paranormal investigations.

I would like to thank Greg Lawson for his friendship and his book, *Paranormal Detective*, which gives advice on good methodology for running a paranormal investigation. I would like to thank John E. L. Tenney for sharing his wonderful stories, books, educating others on just how weird this world is and encouraging others to keep it weird! Weirdos unite!

I would like to thank Chip Coffey for sharing his knowledge in his books, for the show *Psychic Kids*, and for his unique way of telling me to "listen to my gut" (but that's a story for another time). And I would like to thank Steven "Doogie" McDougal for always "keeping it real," helping a person without being asked to do so because it was just the right thing to do, and for giving advice on some paranormal equipment.

These are just a small handful of the people who have inspired me, whom I respect, and am thankful for having in my life. There are so many other people that I wish I had space to acknowledge. Please know that I value your friendship and love you all!

Q: You don't belong to an official paranormal team. Why?

Shiloh: I am frequently asked, "What paranormal team



Ryan and Shiloh Beene led the first public ghost hunt at Crossroads Museum in Corinth, Mississippi. (Photo by Zack Steen)

are you on?" And my answer is, "I don't belong to a team." There are a couple of reasons for that.

I don't like drama, and where there is a large group of people, there is a higher chance for drama to occur. I also do not have a lot of "free time." My time is just spread so thin. I have a lot of obligations to my family, to my employees, clients, and the non-profit. I can't be gone from home every weekend doing multiple home investigations.

I take comfort in the fact that there are quite a few paranormal teams that travel to my area, so those in my vicinity have plenty of options for help. With that being said, the people who need help will find me. And when they do, I listen to my gut to determine which ones I need to personally help and which ones I need to get connected to a team.

Q: Do you call yourself a solo paranormal investigator?

Shiloh: At times, people will ask me if I am a "ghost hunter" or a "paranormal investigator," but I consider myself a paranormal enthusiast/investigator. I have some reservations about using certain titles, and at times feel uncomfortable because there are not any standardized definitions and some titles mean different things to different people.

There is no certification for paranormal investigators by an accreditation body. There is no state licensure. Nothing of the sort exists because no one can "prove" beyond a shadow of a doubt that spirits, ghosts, and other entities exist. None of the equipment that is used by paranormal investigators actually measures "spirit activity." The equipment measures changes in the electromagnetic field, detects motion, detects changes in temperature, radio frequencies, gamma rays, etc. And yet we use all this equipment based on theories that spirit activity causes these changes. And with all this data that has been collected by multiple generations of paranormal investigators, we still can't prove or disprove those spirits exist.

As long as there have been ways to potentially capture spirit activity, there have also been people who will fake paranormal evidence. As time passes and technology advances, the capability of being able to fabricate occurrences also greatly advances. Just look at Photoshop, video editing software, phone applications, etc. Unfortunately, it's difficult to be able to trust any evidence that other people present. When you are investigating an area, it is always a good idea to have at least three different pieces of equipment covering the space. And at least one (preferably two) cameras capturing different angles. This will help you verify whether others' experiences were valid or authentic.

Q: What types of investigations have you done?

Shiloh: I have been on quite a few "public ghost hunts" with and without celebrities present, and I will investigate people's homes when I am called to do so. Like others, I have been to quite a few of the well-known paranormal locations, including Ohio State Reformatory (Mansfield Prison), Waverly Hills Sanatorium, Bobby Mackey's, Stanley Hotel, and Octagon Hall, just to name a few.

Comparing "lists" makes me a bit uncomfortable because some folks make it feel like a competition to see who has been to more places, and that diminishes the

"I am strict with my investigation

rules: No partying before or

during an investigation, and be

respectful to all people (living

and passed)!"

authenticity of our journey. My personal favorites are usually the lesser-known locations. I prefer to rent a historic public location, home, plantation, Airbnb, and invite select people and members from other paranormal teams to investigate with us. Investigating this way allows us

to control the contamination from living people and the caliber of people and investigation styles that are used.

I am strict with my investigation rules: No partying before or during an investigation, and be respectful to all people (living and passed). I have been to too many investigations and ghost hunts where the partying was out of control and people talked way too much and it contaminated potential evidence. That's not my style. I'm there to enjoy who I am investigating with, enjoy the location, and actually see if we can capture anything.

I enjoy being around other individuals and paranormal team members that join us, and I enjoy when other paranormal teams invite me to investigate with them as well. While it is nice to have experiences with other people and teams, it is also nice to have freedom to do your own thing. To me, it's the best of both worlds and allows me to continue coordinating paranormal events to help raise funds for haunted historic locations and the autism nonprofit that I help run.

Q: What equipment do you usually take with you on an investigation?

Shiloh: Over the years, I have accumulated a bit of equipment, including K-II Meters, night vision cameras with IR lights and full spectrum lights, digital audio recorders, a CCTV system with night vision, Mel Meter, REM-Pod, digital thermometers, Ovilus III, proximity meters, a spirit box, and I'm sure there are quite a few others that I am forgetting to mention.

I usually default to the digital audio recorders,

handheld night vision cameras with IR and Full spectrum lights, the camera on my phone, and my own senses during any investigation. My best evidence has always been from pictures, video, or audio files.

Q: What methodologies do you use during investigations?

Shiloh: When investigating a location, I like to do a baseline walkthrough, room by room, with equipment running during the day. Then I like to go back at night and do it all again. I believe it is important to be able to gather data

from different times of day. After all, the majority of people live their lives and do their activities during the daytime.

As my limited equipment allows, I will leave some night vision cameras, audio recorders, and other equipment in the rooms with the most reported

activity. I also carry a camera (phone), digital audio recorder, and night vision camera on me while I go room to room.

I believe in being respectful to all potential spirits while investigating. I let the activity of the place determine how long I spend in each area, making sure to cover the entire location, as I don't want to miss anything.

Q: What is the most compelling evidence of the paranormal that you have captured?

Shiloh: Some of the most memorable experiences in which I have captured occurrences have been:

- 1) A photo of two spirits in the children's nursery room window that was captured outside of Octagon Hall in Kentucky around 8 a.m.;
- 2) A "mini video" of a female spirit in a black dress walking toward me, which was captured in a photo taken in "live mode" on my iPhone when my friend Melissa Brock and I were walking through the wax museum in Hot Springs, Arkansas; and
- 3.) A video of an LED twisting candle turning on by itself at Rosemont in Gallatin, Tennessee.

I am frequently asked, "Where can we find you on social media?" and "Where do you post your potential evidence?" Well, I don't have a paranormal Facebook page or any of that. You can find me on Facebook under my name. I'm just me, Shiloh Ogea Beene. I see no need for a paranormal page, because I'm not trying to become famous or to be gone all the time.

If you are one of my Facebook friends, then you will get to see a little bit of what I share from my travels, but



Shiloh's "default equipment" during any investigation includes digital audio recorders, handheld night vision cameras with IR and Full spectrum lights, the camera on her phone, and her own senses.

I don't post everything. I have nothing to prove to anyone. This is my paranormal journey, which I am happy to share if a person wants to sit down and chat, make a personal connection, swap stories, and share evidence! I prefer a more personal connection.

Q: What locations do you have on your wish list to investigate?

Shiloh: Even with all of the locations I have investigated, I still have a paranormal "wish list" of places that I want to experience. I will definitely get to Savannah, Georgia, and I plan to spend more time in New Orleans, Gettysburg, Salem, and Philadelphia.

At the top of my list would be to experience Leap Castle in Ireland, Edinburg in Scotland, Machu Picchu in Peru, and the numerous temples and pyramids in Egypt. I will get to those places overseas one day. It's just a whole lot easier and more cost effective to schedule the trips in the U.S. first.

Q: What words of wisdom would you offer beginner paranormal investigators?

Shiloh: If I could offer words of wisdom to beginner paranormal investigators it would be this:

- Be strong in your faith or religion. You will need it.
- Take the time to learn from multiple seasoned investigators.
- This is not a game. If you want fun times and to be scared, then go to a haunted attraction during Halloween. When I talk about being a paranormal investigator/enthusiast, I am talking about people's lives (past and present), and that is not to be taken lightly.

INVESTIGATOR SPOTLIGHT



Shiloh (pictured at right) enjoys coordinating paranormal events to help raise funds for haunted historic locations and the autism nonprofit that she helps run. (Photo by Zack Steen)

- Always have your protections on you and/or say your prayers of protection before stepping foot on every property you are going to investigate or explore.
- Always listen to your gut. If your gut tells you to leave, then leave respectfully, especially if it is a person's home.
- As a beginner I would highly suggest you do not investigate any psychiatric hospitals or prisons unless you are with a group of highly seasoned investigators that are keeping you close under their wings, because you have the potential to experience some really bad spirits or entities.
- Never provoke spirits. Just don't. It's very disrespectful. How would you like someone to come to your home uninvited and be disrespectful to you?
- The "best equipment" that I always use for any investigation are my digital recorders with live listening capabilities, a night vision camera with a good infrared light and full spectrum light, and my own senses (once again listen to your gut).
 - This hobby sure does get expensive, so be ready for

- that. You will be buying a ton of batteries for every piece of equipment you own, and you'll also need to pay for travel expenses. Make sure to get the good batteries and check them often during the investigation.
- Don't be so quick to call everything "paranormal." All logical explanations should be ruled out first. And for the love of all that is holy, most of those "orbs" are dust, lint, and bugs. It is rare to catch a true orb with its own light source and abnormal flight pattern (but it sure is cool when you do).
- Be prepared for people to laugh, snicker at you, or even accuse you of worshipping the devil, and other stuff like that when people hear that you "hunt ghosts" or are a "paranormal investigator." Trust me, it will happen.

To connect with Shiloh online visit, <u>facebook.com/shiloh.</u> <u>ogeabeene</u> and <u>twitter.com/shilohbeene</u>. And to learn more about Shiloh's work in behavioral outreach, visit behavioraloutreach.com. ◆





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ARE PARANORMAL INVESTIGATORS ASKING THE RIGHT QUESTIONS?

By Bob Fountain, Spectral Tech Paranormal Investigations



s paranormal investigators we ask questions, lots and lots of questions. I can't imagine any investigator who has NEVER said, "Is there anyone here who wants to communicate with us?" And if there is something that responds, our questions evolve based on the previous answer.

Trying to obtain data from something unknown, unseen, and unable to speak makes this a daunting task at best. We constantly try to figure what piece of equipment will provide the best chance of communication during any given investigation. Be it a K-II meter, a REM-Pod, flashlight, or any other device, we are hoping to capture yes or no answers to the questions being asked.

With digital recorders, we hope for more detailed responses, so there is the possibility that nothing responded to the yes or no questions but gave you way more than you expected on the recorder. Often this is not caught until an after-investigation review, which may prompt additional follow-up investigations.

Why Do We Ask Questions?

Depending on the reason for the investigations, we are trying to get answers for a concerned client or perhaps just for the fun of capturing a crystal-clear EVP.

If we are asking for a client, we may focus on specific questions that help us determine if the entity is a loved one who has come back for a visit or is possibly malevolent. You're pretty sure Grandma isn't the one making your client float a foot above her bed at night ... unless grandma was evil to begin with. Regardless, the questions asked will be client-orientated.

If we are out on our own, we ask more generalized questions and hope there is something that is willing to engage in answering our questions.

I believe the underlying reason we are asking these questions is to validate, at least to ourselves, that there is a part of us that survives material death and is alive and well ... somewhere. From a skeptical point of view, we wouldn't be doing this at all if we didn't have some basic belief in an afterlife of some sort.

Every time we go out on an investigation and we bring back data that confirms we were justified in our beliefs, we are compelled to find out more.

Why Do We Stop?

Over the years, I have seen many investigators grow tired of the same old outcomes. You go investigate some site, get responses, report back to a client, and wait for the next person wanting your help. Once you have convinced yourself that there is an afterlife, further investigations sometimes seem like a drudgery that's not really worth the effort. Slowly, your equipment ends up sitting in a closet collecting dust.

What is often overlooked is the fact that we are only seeing the beginning of our search for truth. Like







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in the movie *The Wizard of Oz*, we're not looking behind the curtain.

Looking Beyond the Veil

There are volumes of books by researchers who delve into the topic of the afterlife and are looking behind the curtain. Dr. Raymond Moody, Dr. Brian Weiss, and Dr. Michael Newton are a few well-known researchers looking into the reality of life after death. Their research relies heavily on hypnotic regression from living subjects that documents their past lives and their life between lives. Detailed descriptions of what these subjects report is fascinating to read.

The subject of reincarnation has many sitting on the fence as to its validity, but the evidence these researchers have accumulated is impressive. Many religions also accept reincarnation as a well-founded truth.

When my daughter was a toddler, she was terrified of fire. When she was old enough to put sentences together, she would stare at us, tell us we were not her real parents, and that she died in a fire. If we drove past a house destroyed by a fire, she would point and say that's like the house I died in. Needless to say, to me, reincarnation is not just a theory. By the time she was six, the memories of her prior life faded, much to the relief of her mother.

But there is a gap of knowledge with these studies that we, as investigators, can fill. Afterlife researchers study spirits that apparently had crossed over into wherever they are supposed to go, and describe what it's like there, until they are ready to come back.

We mainly happen to deal with spirits who missed the bus, so to speak, and can't really describe the same afterlife. They are still attached to their recent ego and cannot describe their end destination, but they certainly could give us a description of their current reality. Since hypnotic regression on a spirit would be difficult, if not impossible, we do have experience in asking questions that can be answered through our equipment.

If you're not in a situation where you have to answer clients concerns and you have an entity willing to communicate, why not ask them to describe their environment? Is it dark? Is it cold? Do entities who have already crossed over come back through where you are now to visit loved ones in the material world?

Deeper Questions

Rather than just asking the stock questions — like "Are you male or female?" — you can also ask deeper questions about their world. Can they request help cross-

ing over whenever they are ready? Are there buildings, scenery, or other things available to them, or are they just limited to communicating to the material world?

The range of questions that could be asked is only limited by your imagination.

Other Questions to Consider

While writing this article, I thought of questions that I would like answered myself, including:

- Can a ghost see a residual haunting?
- When we die, do we vibrate at a specific frequency, like a fingerprint? Is that how spirits identify loved ones who have crossed over before them?
- Can an astral traveler be attacked by a negative entity that wants to use his material body and be trapped in that realm until the body is vacated and free to return? And can that astral traveler cross over while his material body is still alive?
- Because we cannot see something creating physical activity, like a poltergeist, we assume it must be a spirit. Could it be an actual material being, just vibrating at a frequency beyond our visual range?
- Finally, if we choose to incarnate on another world, do we get a spirit guide from that world to help us navigate within that species and culture?

So, if you have burned out investigating with the same old questions, perhaps you can take your quest for knowledge a step further by asking the right questions. The next time you get a cooperative entity that's willing to communicate, you can ask, "It's cold and rainy here, what's it like there?"

You might get an answer you didn't expect. •





13 MOST HAUNTED PLACES IN TEXAS

By Kelly McClure, The Lineup

2019 Travel Channel article that ranked each state according to how haunted it is revealed some surprising data. Texas, associated primarily with its big size, big ranches, and big plates of BBQ, lands near the top of the list at #3 with some equally big paranormal activity, outranking other Southern states like Louisiana and Georgia but falling just under the top two slots claimed by Nevada and California.

Surprised by these results? Well, take a look at the following haunted places in Texas and see just what makes the Lone Star State one of the most haunted places in America.

1. The Alamo

By the time the 1836 Battle of the Alamo came to an end, hundreds of fighters, both Texans and Mexicans alike, had lost their lives on that stretch of San Antonio soil. One of the most notable to die at the Alamo was famous gun-slinging politician Davy Crockett.

A popular destination for history buffs, visitors of the Alamo can buy guided tours of the battlefield, and from time to time, some come away with an experience far more exciting than the one advertised on the Website.

According to the site Legends of America, the first instance of paranormal activity at the Alamo happened just a few weeks after the battle ended in 1836. It's said that six spirits holding torches appeared, protecting against further infiltration, and warned: "Do not touch the Alamo; do not touch these walls!" Ever since, visitors report seeing apparitions that appear and disappear, and there are even occasional reports of sightings of actor John Wayne and Davy Crockett himself.

2. Yorktown Memorial Hospital

30

Known amongst locals as one of the most haunted locations in all of Texas, the history of Yorktown Memorial



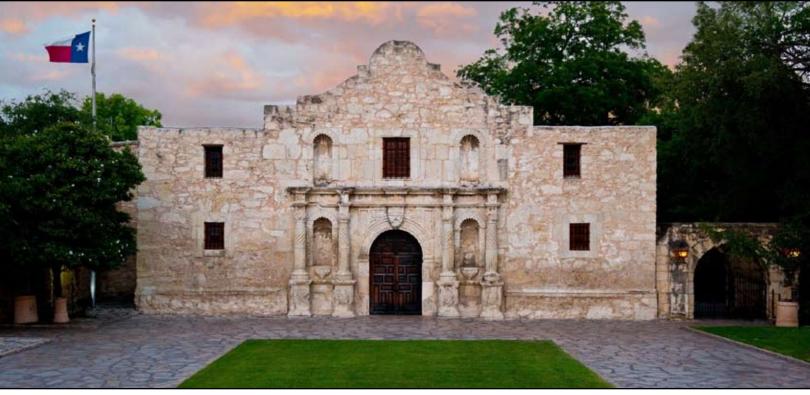
Paranormal encounters at Goatman's Bridge in Denton County include witnesses seeing red eyes peering out from under the bridge, as well as an apparition of a man with a goat's head.

(Photo: Ron via Wikimedia)

Hospital dates back to 1950. According to News Channel 4 San Antonio, the hospital was built by a Catholic group and operated until the late 1980s.

Opinions vary as to why the hospital actually shut down. Some sources, like the ones found in the News Channel 4 article, say it was due to an unusually high number of deaths that took place at the hospital. Other sources say it was because another hospital opened up just a few miles away, which put Yorktown out of business. Regardless of why it shut down, it's been a favorite location for ghost hunters throughout the years and is undisputed as a hotbed of spirit activity.

Mike Hanson, a former caretaker at the hospital, was quoted by the Temple Daily Telegram as stating, "I know



Paranormal activity at the Alamo includes sightings of John Wayne and Davy Crockett, as well as ghostly spirits protecting the location. (Photo: www.thealamo.org)

for a fact there is [sic] a lot of ghosts here ... I've seen just black objects, like the size of a German shepherd. I've seen a guy standing in front of the chapel. I've seen red eyes twice. There's a door at the front that goes up to a stairwell that we hear rapping on the glass nightly. You can turn off the lights, stand by the nurse's station ... and you'll see people walking around."

3. The Driskill Hotel

The gorgeous and architecturally impressive Driskill Hotel had its grand opening in Austin way back in 1886 and is praised to this day as one of the finest hotels the city has to offer.

It's also widely known to be actively haunted, but those who spend time at the hotel see that as just part of the fun.

Praised in a *Condé Nast Traveler* article as one of "America's favorite haunted hotels," the article goes on to claim that one of many spirits to haunt the lavish halls and rooms within is the ghost of the hotel's original owner, Jesse Lincoln Driskill, who died of a stroke in 1890 shortly after the building opened.

The ghost of a little girl who died after falling down the hotel's main stairwell can reportedly be heard laughing and bouncing a ball throughout the property. A couple who stayed at the Driskill in late 2019 also left a spooky review on Tripadvisor: "We were both awakened at different times during the night by someone touching our face and whispering in our ears."

4. The Plaza Theatre Performing Arts Centre

The history of the Plaza Theatre Performing Arts Centre is riddled with ghostly occurrences. Located in El Paso, the theater opened in 1930 and ran as a "movie palace" until 1985. In 2006, new ownership renovated the building and reopened it as a performing arts center, which is what it remains to this day.

Throughout its years of operation, so many instances of paranormal activity were experienced by staff that it has since become a favorite for ghost tours and ghost hunters. In 2019, KTSM 9 News ran a story about Doug Pullen, program director of the El Paso Community Foundation, who revealed that a former security guard once saw human-like shadows running around within the theater. What's more, one of his work associates had experiences with a rag doll that seemed to move around the building all on its own.

5. La Carafe

The oldest building in downtown Houston resides at 813 Congress Street. According to the *Houston Chronicle*, the building opened as a bakery in 1860 before becoming a store, a hair salon, and then the bar La Carafe in the 1960s, which is what it remains to this day.

Known to be extremely haunted, staff have reported seeing bottles fall off the shelves on their own accord and hear the sound of children playing upstairs when there are no children present. It's even rumored that the ghost of the bar's former manager peers in through the windows from time to time.

CASE FILES OF THE UNKNOWN: HAUNTED SITES



At Monteleone's Ristorante in El Paso, the restaurant's owner has seen objects thrown by unseen hands and witnessed other ghostly activity. (Photo: KDBC)

6. Goatman's Bridge

Formerly known as Old Alton Bridge, Goatman's Bridge is an iron through-truss bridge in Denton County, Texas. It was built in 1884 to allow horses to cross Hickory Creek. Though the village of Alton no longer exists in the present day, Goatman's Bridge still stands and is accessible to curious visitors traveling on foot.

An *Atlas Obscura* article reveals that the legend of Goatman's Bridge and its reputation for paranormal activity can be traced back to 1938, when an African American goat farmer was murdered by the Ku Klux Klan. As the legend goes, the Klan hung the man off of the bridge, and when they went down to retrieve his body, it had mysteriously disappeared.

Ever since this horrific event took place, people have reported seeing red eyes peering out from under the bridge, as well as an apparition of a man with a goat's head.

7. The Sixth Floor Museum

On November 22, 1963, Lee Harvey Oswald shot and killed President John F. Kennedy from a sixth floor window of the Texas School Book Depository in Dallas, where Oswald worked as a temporary employee. That very location now houses the Sixth Floor Museum, where visitors can look out of the very window Oswald fired

from, featuring an exact replica of the boxes he situated to form his "sniper's perch."

Visitors of the museum often remark on feeling haunted by their experience there and even hearing phantom shots. On the street below you can see X's marked on the ground, which indicate the exact locations of Kennedy's car at the moment he was shot.

8. Omni Austin Hotel Downtown

A very popular lodging for tourists and business travelers, the Omni Austin Hotel Downtown not only has a pool on the roof, it's got its very own ghost. According to the site Austin Ghosts, a man named Jack stayed at the hotel during its early days while on a business trip. It's said that Jack was a door-to-door salesman and after a long string of bad business and marital issues, he jumped to his death from his balcony.

Since then, guests and staff of the hotel report seeing and hearing Jack's ghost, and rumor has it that his name remains in the hotel's computer log.

9. The Littlefield House

Located on the University of Texas's main campus, the Littlefield House was built by George Washington Littlefield, a banker and Civil War soldier, in 1893. According to Littlefield's great-great-grandson, Dr. David Gracy, Littlefield built the house right next to the original land of the campus and donated a great deal of money to the university with one stipulation: The campus had to stay where it was.

Littlefield died in 1920. When his wife Alice died a few years later in 1935, she left the house to the university, which used it for events and office space. People have long since reported strange sounds there that are attributed to the ghost of Alice herself. The ghost of her husband is thought to haunt the campus as well and watches over the students via his portrait in a hallway of Littlefield House. Some say the left eye of the portrait follows people wherever they go.

10. Monteleone's Ristorante

Gary Monteleone, owner of Monteleone's
Ristorante in El Paso, was interviewed by CBS
4 News in 2018. The purpose of the interview
was to discuss his restaurant — not because it's
been thriving for over 18 years or because of changes to
the menu, but because it's supposedly very haunted.

Monteleone told CBS that the building dates back over 100 years and used to be a spiritualist church. Since coming into ownership, he says he's had frequent paranormal encounters ranging from seeing a charred hand and forearm coming at him through the side of a door to objects being thrown around the restaurant by some unseen force.

Not knowing where to turn, Monteleone enlisted the help of Diana Calamia, a spiritualist minister and psychic, who investigated the restaurant and told him she believes it to be a portal. Rather than run from the news, Monteleone embraced it. The restaurant hosts "Dining with the Dead," a "three-hour experience filled with food, stories of the paranormal, and a séance" every third Thursday of the month.

11. Buffalo Billiards

The site that now houses Buffalo Billiards in Austin dates back to 1861. Once a boarding house called the Missouri Hotel, it's now a salt of the earth billiard hall that has a reputation for being haunted.

Apparently, a prankster ghost named Fred likes to hang out there and shake bar stools while people are sitting on them. There's also a more elusive female ghost who lurks upstairs in what used to be the hotel section of the building, where she has a habit of staring at people.



Buffalo Billiards in Austin hosts a prankster ghost, as well as an elusive female ghost who lurks upstairs. (Photo: austin.culturemap.com)

12. Texas State Capitol

What does it say about the level of a state's paranormal activity when the state's capitol building itself is haunted?

"The Capitol is haunted day and night," says Fiona Broome, psychic, ghost hunter and author of the book The Ghosts of Austin, Texas in an interview with CBS. "If you've got a nice, misty day there, people see ghosts walking up the path to the Capitol building all the time."

In 2018, KXAN covered a popular ghost tour of the Capitol. The tour reveals detailed information about paranormal activity and mysterious deaths that have occurred within the building, from a painter who fell off a three-story scaffold to a woman who vanishes into the walls.

13. Hendley Market

Located in Galveston, the Hendley Market was once part of a stretch of buildings referred to as Hendley Row. The building dates back to the 1850s and is the oldest commercial building in the area, so it's not at all surprising that a few ghosts from the past remain within.

Of the many paranormal encounters reported at the market, the most common involve a ghost known as The Lady in White, who walks up and down the stairs — or sometimes in the street out front — crying and looking as though she's searching for something.

Other ghosts spotted include a little girl, a little boy, and the disgruntled spirit of a Confederate Soldier.◆

A Q&A WITH BUSTER JOHNSTONE 'FIRST CONTACT 02–2022'

By Paul Dale Roberts, Halo Paranormal Investigations

Buster Johnstone was born on Cape Cod in Massachusetts on April 18, 1960, at Otis Air Force Base, where his dad was stationed. During his childhood, Buster grew up thinking aliens were real. This belief was later confirmed by Buster's dad and his friends.

After receiving numerous "signs," Buster has decided to share his thoughts on the alien phenomenon and disclosure through his new book, *First Contact 02-2022*. I recently spoke with him about his new book and disclosure.

Q: Can you tell me why your book is coming out now? Why didn't it come out 5 years ago, or 10 years ago? Why now?

Buster: I tried social media first; however, I wanted to write and publish the book four years ago. It seemed one thing after another kept interfering with that process. Finally, it has been completed, and my take on it is that it was not supposed to happen until now.

Q: Did you learn from the aliens themselves that they were going to make first contact with us in 02/2022?

Buster: Yes. I can ask questions and my answers are given with clues. I put the clues together and get my answer.

Q: There are a variety of aliens, from the Reptilians to the Anunnaki and the Grays to the Nordic, and many more. Which aliens are going to make contact with us?

Buster: The original ones that protect me, and us, and that have brought us up to this point. Also watchers from other planets.



Q: When you lived on the Air Force base, what was some of the high strangeness you observed? What makes you feel that the phenomena you witnessed was extraterrestrial in nature?

Buster: I was young and not real sure what I was seeing. But it was enough to add to my wonderment.

Q: What is the agenda of the aliens? Will they merely live among us and let themselves be known, or will they have other plans for mankind?

Buster: To welcome us to the Galactic community, as they have with other planets that have reached our level of knowledge and technology.

Q. Are the aliens making first contact because we are destroying our environment? Are they going to stop the destruction of Brazil's rain forest or the forest in Siberia? Are they going to reverse climate change?

Buster: To help us evolve into a more caring society and teach us to not be such a warring faction.

Question: What if nothing happens on 02/2022? Would you believe that you were misled?

Buster: I have no doubt it will happen; my life has been set up for this occasion, as the book explains.

Q: If an extraterrestrial race of beings is going to make first contact

with us, why hasn't the military attempted to stop your book?

Buster: They know about me and have no more control over what happens. This is supposed to happen at this time.

Q: With the release of the Tik-Tok video, is the military preparing us for this first contact?

Buster: Yes, they know if you can't beat them join them.

Q: Thank you Buster for this interview. Is there anything you would like to add?

Buster: This is going to be wonderful time in the history of mankind, in our lifetime. WOW, I for one can't wait. I know I'm not alone.

You can find Buster's book on Amazon and other retail book sites.◆

HAME YOU EVER WANTED TO SIEEP WHERE THINGS GO BUMP IN THE NIGHT?
HAME YOU EVER WANTED TO DINE WITH GHOSTS AND GHOUK?
HAME YOU EVER WANTED TO WAKE IN THE SHADOWS OF VAMPIRES, GHOSTS
AND CROTTUDS?
DOES ITEARNING ABOUT MACABRE, THE STRANGE, OR THE WICKEDLY EVIL
FEED YOUR SOUR?

Then I invite you to join me at "Where the Dark Corners Are", a podcast geared toward people who believe in the paranormal, who love traveling, who seek the ghastly stories, and learn about the morbid, the chilling and the seriously spooky.

Using the haunted world as our road map, each week we will visit a ghastly hot spot, anywhere from the port of New Orleans to the abandon castles of Romania.

And, as a gruesome bonus, on occasion, I will be joined by Da Panda, Panda Mike, as we take a road trip to a specific location, where we stop and discuss said place of absolute darkness and the horrifying madness that transpired there-













SASQUATCH:

A SENTIENT BEING IN A MINDLESS WORLD

By Rainbow Radaelli

The ebbing of wildlife chatter and the quiet of the night marks the twilight hour of change. Crickets chirp, and owls hoot their warning. It's nature's melodic symphony changing her tune to the moment day is handed over to night.

By this time, the sequestered day is not only at rest, but in blissful respite. This cues the gentle giants of the forest to leave their humble abodes.

Sasquatch emerges and thus begins his serenade, the crooner of the night time.

The wind echoes the songs and dialogues as she passes, swirls and twirls by, almost becoming the gossipmonger, revealing the tittle tattle of the forest. One only needs to feel the breeze to know that Sasquatch is nearby. To be with Sasquatch in the moment is a meditation of the mind, almost like a Zen moment that is a journey of the soul, transcending anything experienced in the human world.

The clans of Sasquatch call the forest home. To anybody who's ever heard Sasquatch in the distant horizon, it can seem like something otherworldly has descended upon their reality

with an exploding crescendo. In the dead of night, footsteps can be heard in the distance along with the deafening silence accompanying it. This isn't a horror flick or scary story; it's the way of life for Sasquatch. It's the reality of the forest.

As the insanity of the world encroaches into their way of life, I often wonder how such majestic giants see humans. Sasquatch has many stories to tell, and what

is so sad is the fact that they haven't been able to share them. There's no antediluvian ephemera around because that is not the way of the Sasquatch. They live long enough to tell their own story, and if humans can open up, they would be able to hear their stories directly. The main problem people have and why they don't open up is that there is too much science fiction mixed in with fact.

In the research that my partner, Michael, and I have done, it became clear to us that Sasquatch is as misunderstood today as ever before. I think there are more people open to the idea of Sasquatch and other cryptids living in the forest, but those who search for Sasquatch are the raconteurs of this field. At this point there is such a divide with the cryptid phenomenon regarding what is considered hard science and

ay as ever before. phenomenon regarding what is considered hard science and those in the field doing contact research. Some want to hunt Sasquatch for science, while others — like Michael and I — find this not only absurd, but it exacerbates the



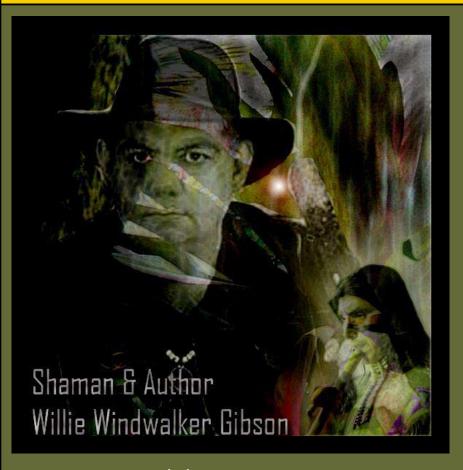
In the research that my partner, Michael, and I have done, it became clear to us that Sasquatch is as misunderstood today as ever before.



HALO PARANORMAL INVESTIGATIONS

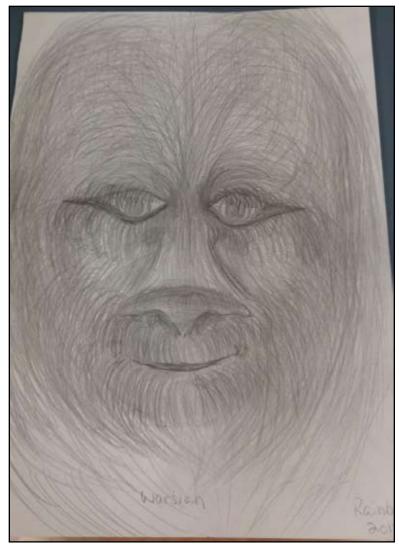
We have conducted over 1,000 paranormal investigations, including investigating all things paranormal, including spirit activity, UFO and cryptid sightings, and demonic hauntings. We provide evidence to clients as we collect it. We also conduct metaphysical cleansings, Catholic house blessings, and fully submerged baptism (a basic form of exorcism).

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With the few Sasquatch that I have come in contact with, the awe and humbling feelings of not only the initial connection itself, but the fact they chose to make contact is like an overwhelming embrace.

already heated divide. Science in this regard needs to be more level headed.

Because Sasquatch is the silent type, there are many misconstrued concepts attached to what little is known about them. I think they get blamed for a multitude of problems they take no part in. The quandary here lies between the link people make with their perception of the mythical monster versus a gentle giant who just wants to be left alone. Even hiking deep in the middle of a multitude of forests, Michael and I know that we are guests in someone else's home.

There are those hidden realms, the dark shadows that shelter the unknown, the macabre that weaves its web every so often. Every once in a while someone walks into the silence never to be seen again. Even though disappearances happen in the city, the forest somehow becomes the forbidden realm of inconceivable evil. It's beautiful

and euphonious respite is all but forgotten within the blink of an eye once the underbelly of the paranormal makes its rounds.

David Paulides, bestselling author of 10 books detailing the Missing 411 disappearances of a multitude of people, gives really good advice that I feel many people don't listen to because of uneducated attitudes regarding camping and hiking.

Let's face it, we all want to have a good time hanging in nature, but it's so important to understand that weather, rain, and the instincts of wild animals don't cater to our whims. Our gut instinct is our connection to Mother Nature, so we can understand her language even if it is nonverbal and more on the visual side.

There's a primordial understanding that we are born with; people just need to remember that wind, rain, growls, or silence can speak volumes, but only if we are listening.

For Michael and me as researchers, it's not just about the footprints Sasquatch leaves or the sightings at a distance. It's all about establishing a friendship with them and, hopefully, gaining their trust. As an empath, anything that contacts me with a benevolent heart gets a friendly response back.

With the few Sasquatch that I have come in contact with (including Loekey and Warsiah as seen in the illustrations in this article), the awe and humbling feelings of not only the initial connection itself, but the fact they chose to make contact is like an overwhelming embrace like nothing I have ever felt before. They give so much love when they communicate, and I wish all people who are interested in Sasquatch could feel this amazing and enveloping hug.

It boils down to this: People need to understand that when they are in the forest, whether camping, fishing, or hiking, the ratio of variables of the unknown spike. Sasquatch are people too, and I think the chances of meeting them and other forest folks in their habitat is greater than anyone thinks. Escaping the daily grind can make the forest seem like an idyllic place to be, but that also doesn't mean you leave your instincts at home.

* * * * *

"If you talk to the animals, they will talk with you and you will know each other. If you do not talk to them, you will not know them, and what you do not know, you will fear. What one fears, one destroys." — Chief Dan George, Tsleil-Waututh Nation, British Columbia, Canada ◆



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Spirit Of The Battlefield

Ghostly Photo Captured in Gettysburg

By Ryan Clark

I'm a believe-it-when-I-see-it kind of guy. The problem? I'd never seen it. Any of it. Never in my life had I ever seen any kind of cryptid, ghost, UFO, or interdimensional creature. I'd never seen any of the things people question on those cable television paranormal shows.

But I wanted to. I wanted to see and to believe. And after 40 years, now I think I have.

It took a family vacation to the country's most famous battlefield to do it. And while I was there I witnessed something so odd and indescribable — and I was able to get a picture of it.

But I'm getting ahead of myself, aren't I? Let's back up.

'Kind of Our Thing'

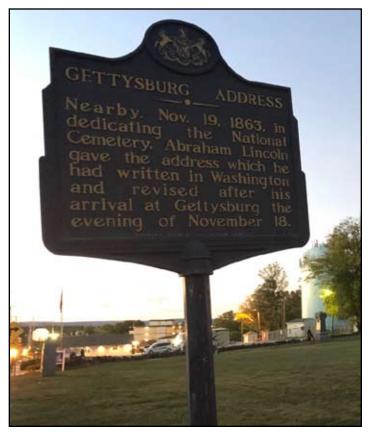
It was October 2020, and while the world was still in the grip of a pandemic, my family was itching to leave our suburban house, which is located just outside of Cincinnati. The weather at the time was beautiful — the leaves had begun to receive their first fall color — and I started thinking about a road trip. It needed to be somewhere we could spend most of our time outdoors, not cooped up with people.

It also needed to be a place where my 11-year-old daughter and I could do something creepy. "It's kind of our thing," she says.

We'd already explored some of the most famous prisons, asylums, and true crime locations in the country. What else could we do?

Immediately, I thought of Gettysburg. A recent video had been making the rounds on the Internet, something a tourist took that allegedly showed ghosts marching through the woods near the battlefield. Even though I'd been twice to Gettysburg, I'd never gotten to do what I wanted — namely, to search for ghosts.

That settled it. We were on our way. My four-yearold, along with my wife, would stay behind in the evenings



In my search for the paranormal, the battlefields of Gettysburg provided shocking evidence.

while we, the daring duo, went on the ghost tours. During the day, we'd all go outside and tour the battlefield and the town. Perfect.

I discovered there are literally dozens of ghost tours to choose from around town. What's the best? Hard to say. I've only got experience with two of them, but both were outstanding.

On the first night of touring, my daughter and I had 10 o'clock reservations at the <u>Ghostly Images of Gettysburg walking tour</u>. I chose it because it was inexpensive



For more than a century, Gettysburg, Pennsylvania, has been home to thousands of paranormal reports, ranging from ghostly apparitions, to phantom cannon fire, to spirit lights appearing out of nowhere.

The weather that night

was superb. A mild chill

filled the air. A crescent

moon provided just

enough light ...

(just \$10) and offered about a two-hour walk to several locations, including an allegedly haunted orphanage, the Jennie Wade House (site of the battle's only civilian death), and parts of the battlefield.

It did not disappoint. The tour guide was knowledgeable and fun, and along the way, there were plenty of opportunities to get pictures of everything. My daughter likes to take pictures with our iPhones.

The we was supplied the way was supplied to the way the wa

We just point them into blackness and shoot, hoping something will pop out at us when we look back at them

later. Rarely do we ever see anything interesting. And never — EVER — do we see anything while we're taking the pictures. Except for this night.

Strength and Daring

The weather that night was superb — a mild chill filled the air, making it perfect for jeans and light jackets. A crescent moon provided just enough light for when we entered really dark spaces. It was quiet, and the entire scene seemed to be set for a good ghost story.

First we heard the awful tales of the orphanage, where children were abused by a sadistic housemother named Rosa Carmichael. Unsettled by that, we moved across the

street to East Cemetery Hill. This was when my daughter and I really got down to the business of taking pictures.

We would point our camera phones out into the black nothingness — shadows of large monuments or trees could be seen here or there,

but nothing more. As the tour guide recited tales of soldiers and spirits, I wandered a bit out into the battlefield. Again, I couldn't see much, but I still pointed my camera and took frames.

Just a few feet away, my daughter did the same.

More than 150 years ago at that very spot — July 2, 1863 — Maj. Gen Jubal Early ordered two of his brigades to attack East Cemetery Hill, which served

Personal Experiences: Paranormal Encounters



The photo above (at left) shows the original picture I took on the Gettysburg battlefield during a ghost tour. You can make out an apparition to the left of the monument. It wasn't there prior to when I took the picture. Above at right, the original photo is brightened (top) and auto-leveled (bottom).

as the headquarters for the Union's Eleventh Corps, according to Garry Adelman and Daniel Landsman of Battlefields.org.

"Jubal Early's attack was succeeding," they said.

"Despite resistance from scattered infantry, as well as an obstinate defense by Union artillerymen, the crest of East Cemetery Hill fell to Confederate strength and daring."

But the success would not last.

"A stream of Union reinforcements from Wlodzimierz Kryzanowski's Eleventh Corps brigade and Samuel S. Carroll's brigade from the Second Corps stemmed the tide," they reported.

Regardless, there was a lot of bloodshed and violence on the site. But in 2020, there was no evidence left of any of that, just the black night and a faint glow of moon.

And then, suddenly, there was something brighter out in the distance.

'That's a Keeper'

The rest of the tour was leaving us behind, and I had a slight notion of that, but I didn't care. I had my iPhone, camera on, pointed out into the field. A bright, shimmering something had caught my eye, out and to the left.

I instinctively pointed the camera in that direction and clicked three times. Pictures taken.

I ducked my head down to examine them and was startled by what I saw. It looked almost like a white shadow, but brighter than anything in the pictures. I looked up again and whatever was there had vanished.

All at once, there was nothing on the hill in front of me. Just blackness, monuments, and trees.

Immediately, I showed my daughter. "What is that?" she asked. I shook my head, unknowing.

Another young couple had hung behind the group, taking pictures in a different direction. I showed the



My daughter and I loved exploring strange and spooky locations, but I had never had a paranormal experience of any kind ... until visiting Gettysburg in October 2020, when we were in the right place at the right time. And my first paranormal encounter would not disappoint!

picture to a young man. "Dude, you just took that?" he asked. I nodded.

We decided we needed to show the tour guide right away. But before I did, I posted the pic to Instagram and texted it to a few friends — I wanted to make sure I didn't accidentally delete it.

"Oh my," the tour guide said when we showed her the photo. "You took this just now?"

I said yes. "Creepy," she said. "That's a keeper."

Simply Gettysburg

We completed the rest of a splendid tour but couldn't really focus on anything else. We were giddy — as were the rest of the 15 or so in our tour group — over what had happened. In just a few moments, my daughter and I had become minor celebrities due to the photograph. As we said our goodbyes and walked

out into the night, many asked us to text them the picture. It became an experience we all shared that night.

To this day, I am still amazed by the picture. To me, it looks like an apparition, a white figure, kneeling or possibly praying, near the large monument in the field. There is real definition in the photo in the hands, and there may even be a veil that the figure is wearing.

It's something that will always puzzle me, confuse me, and thrill me.

I'd always wanted to see something unexplainable — and while some will say I'd just conditioned myself to see something strange, I'll ask this: How come I had to wait until I was 40 years old to show myself a ghost?

No, I'm convinced this was real. Sometimes Occam's razor (the idea that the simplest explanation is the right one) is actually the *paranormal* answer. There was something out on that battlefield, and I saw it, and then I



There are plenty of ghost tours in Gettysburg, and I can highly recommend the Ghostly Images of Gettysburg tour.

was lucky enough to have my phone pointed in the right direction.

Simple as that.

Still, I wanted some more confirmation to add some context to the story. I wanted to find someone who could look at the picture and give me more of an explanation.

I was lucky enough to track down researcher Jack

Roth, coauthor of <u>Ghost Soldiers of Gettysburg</u>, a veritable expert on the subject. I sent him the picture and told him the story.

"It definitely looks like someone kneeling and praying," he said. "It looks like you caught an apparition right next to the monument."

Roth went on to say that he'd captured a similar kind of image in the forest behind the Devil's Den area of the battlefield. He went on to explain what he thought we were seeing in both of our pictures.

"When we did some research, we found out that nurses would walk the battlefield at night with their medical bags to try to treat the wounded," he said.

To this day, I am still amazed by the picture. It looks like an apparition, a white figure, kneeling ...

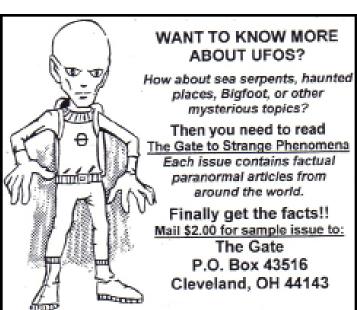
He went on to imply that the figure in my picture could possibly be a nurse tending to or praying over a wounded soldier. It still gives me goosebumps to think of the possibility.

Roth said that, ultimately, this kind of evidence is not surprising.

"If you're there long enough, you will capture some incredible evidence. It's one of the most paranormally active places I've ever been to."

Finally, I can say that I agree — because now I've seen it. And I believe it.

For more information about the Ghostly Images of Gettysburg tour, visit <u>gettysburgbattlefieldtours.com/ghost-tours.</u> •









ALL BACK ISSUES AVAILABLE

HAUNTED BY THE PREVIOUS OWNERS

BY PAUL DALE ROBERTS, HALO PARANORMAL INVESTIGATIONS

y team and I were set to arrive at a home investigation in Sacramento, California, on February 13, 2021. Priscilla Navarro, the homeowner, had bought the house two years ago and was experiencing recent paranormal activity.

Priscilla was told that the house was a former "drug house" and a previous owner had passed away there.

Apparently, the previous owners had buried trash in the backyard for no apparent reason. Also, there was a safe in the closet underneath the floorboards. Priscilla had never opened the safe and just placed her own safe over the old one.

The previous owner's children stopped by the house frequently to pay respects to their mother, who had passed away at the house. The children acted strangely while visiting. Also, Priscilla believes there may be some negativity that originates from the safe, as family arguments have erupted around the area.

Priscilla's 10-month-old daughter saw something scary at the front door and is now terrified to be in the

house. Other strange happenings include Priscilla experiencing sleep paralysis, her daughter sleep crawling, and hearing loud bangs around the house.

The Investigation

Present at the investigation were myself, Deanna Jaxine Stinson, and Gina de la Rosa. When we arrived at the location at about 6 p.m., we got to work. I systematically went into each room and outside to attempt to get EVPs.

Deanna picked up on an old lady by the kitchen, and when I asked who she was and why she was at the house, we caught an EVP that said, "What for?" The voice sounded like an elderly lady. Deanna said that the elderly

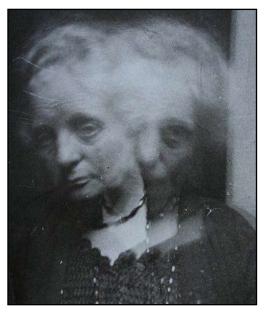
lady was complaining about a vicious dog outside. We later found out from Priscilla that the neighbor next to her has a mean Pitbull.

Later on in the investigation, we went into one of the bathrooms and a man's voice talked over my voice and said, "I'm right here."

Deanna picked up on a man later in the bedroom,

and the man was showing her some hats that were on top of something high in the bedroom. He was excited about the hats! Priscilla later revealed that the hats were sports hats, and her father loved the 49ers and cherished those hats.

When Deanna saw the man pointing to the sports hats, I visualized a face, and when shown a picture of Priscilla's father, that is the face that I saw in my head. Deanna was not tall enough to see that the hats were sports hats. We captured another EVP of a man talking, but we were not sure what he was saying. We captured another voice outside that sounded female, but the EVP was unintelligible.

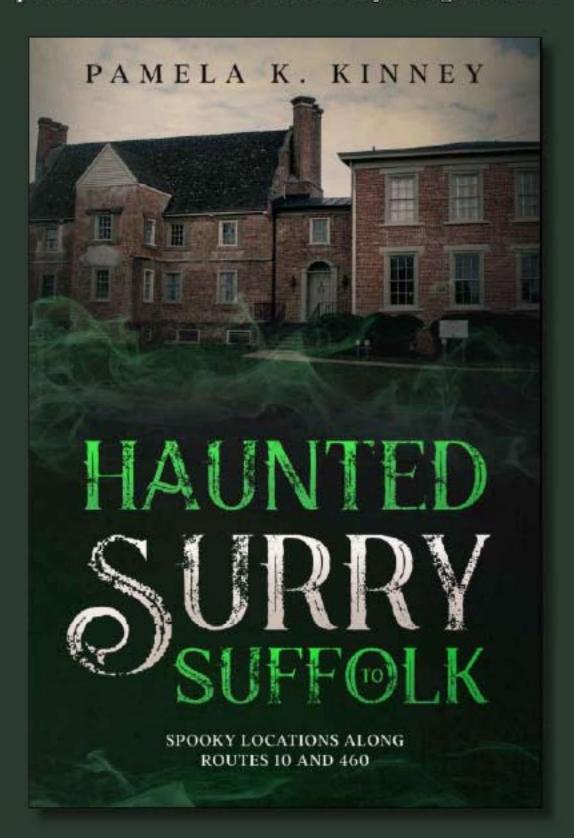


The Cleansing

Deanna conducted a metaphysical cleansing, and I conducted a Roman Catholic cleansing at the home. The cleansing was meant to get rid of any negative entities that may be in the house, but good entities, like Priscilla's father, were welcome to stay.

What was another factor to this case is that this home was in very close proximity to St. Mary's Cemetery. While I was in the backyard, I heard a full-on conversation from a woman, but there was no one there and I wasn't quick enough to record it. Then later in the back room, I heard a man talking and did not record it. I heard those voices as if there was someone right next to me talking. •

No matter which road you take to visit the towns and countryside along Routes 10 and 460 in Southeastern Virginia, the phantoms can't wait to SCARE you a good time.



Available on Amazon

WHAT IS SOUND HEALING? AND THE POWER OF YOUR VOICE

By Karen Frazier, AuthorKarenFrazier.com



ne form of energy healing that works through resonance — in which the vibration of something can attune other things to vibrate at a similar frequency — is sound healing. Since the basis for all matter (and everything else) is vibration and energy, it makes sense that by working with vibration, you can bring about healing.

There are a few different forms of sound healing you can use to help with emotional, spiritual, and physical balance. And there are a number of ways to work sound healing into your life, from using mantras to working with singing bowls.

Solfeggio Frequencies

One method I like, because it is so affordable, is the solfeggio. There are six main solfeggio frequencies that roughly correspond with chakras. They are as follows:

396 Hz can help you work with guilt and fear.

417 Hz can help you to make changes in your life.

528 Hz is said to be the solfeggio of DNA repair and can help you work with transformation.

639 Hz is the relationship solfeggio.

741 Hz is the solfeggio of intuition and can help you awaken psychic energy and connection to your higher self.

852 Hz is the solfeggio of spirituality and connection with the Divine.

I really like Glenn Harold's solfeggio apps for smartphones, which have guided meditation and really beautiful solfeggio-based music. Plus, they are pretty affordable.

Tuning Forks

Another affordable sound/vibrational healing tools is the tuning fork. There are two types of tuning forks: weighted and unweighted. In general, weighted tuning forks have a better resonance for physical ailments, while unweighted tend to work better with mental and spiritual.

Tuning forks resonate with various chakras. To use them, strike the tuning fork on the tines with a mallet and hold it by the handle near the chakra/area you are trying to affect, allowing the vibration to die out on its own.

C/C# - First chakra

D/D# - Second chakra

E – Third chakra

F/F# - Fourth chakra

G/G# - Fifth chakra

A/A# — Sixth chakra

B - Seventh chakra

Singing Bowls

Singing bowls are another excellent method for creating vibrational healing through sound. You can purchase either brass or crystal singing bowls.

The brass bowls are more affordable (and less fragile) than the crystal singing bowls, but the crystal singing bowls are louder with a more powerful vibration and a clearer tone.

To play the bowls, you can ring them by striking with a mallet or by running a mallet around the outer edge of the bowl, causing it to ring. Allow the ringing to dissipate naturally. Like tuning forks, different tones can tune different chakras.

Mantras and Chanting

Another way to use sound for healing is through chanting of mantras, such as om mani padme hum, which is a traditional Buddhist mantra. You can also chant Om, which is the sacred sound of the Universe, or use single syllables for each of the chakras. The chakra mantras are:

First chakra: Lam Second chakra: Vam Third chakra: Ram Fourth chakra: Yam Fifth chakra: Ham Sixth chakra: Om Seventh chakra: silence

The Power of Music

In any discussion of sound for healing, it's important not to underestimate the power of music. If you're feeling down, listen to music that uplifts you and makes you feel happy. You've probably heard about the experiments Masaru Emoto did with water crystals where he exposed them to words, thoughts, and music.

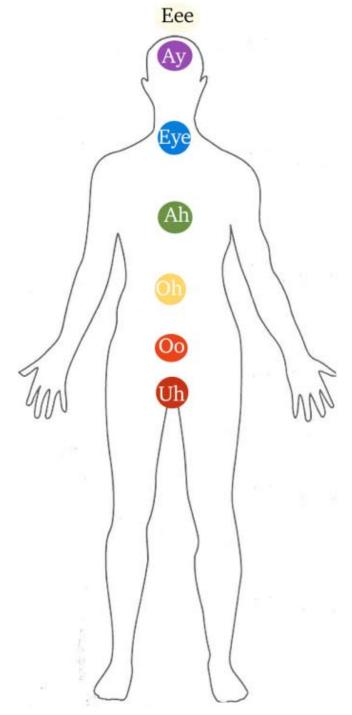
Basically, Emoto demonstrated how sounds and thoughts can manifest physically and how the way we think about and talk to ourselves is incredibly important for our physical, spiritual, and emotional health. It's fascinating research.

If thoughts and sounds can do that to water, what can it do to the human body, which is, after all, at least 50% water?

Using Your Voice for Sound Healing

You don't need fancy sound healing instruments to balance your chakras with sound. You can actually use your own voice with vowel sounds and tones to balance them.

Try this as part of your daily meditation. The image on this page shows the specific vowels for each chakra.



Chant each vowel sound, drawing it out for as long as you can, and adjust your pitch/tone until you feel a rumble in that chakra. For each chakra, chanting it three times works well before moving on to the next.

Root chakra: "Uh" as in duh Sacral chakra: "Oo" as in you Solar plexus chakra: "Oh" as in go Heart chakra: "Ah" as in craw Throat chakra: "Eye" as in cry Third eye chakra: "Ay" as in say Crown chakra: "Eee" as in bee ◆

CRYSTALS FOR TRAVELING 5 Wanderlust Gems

By Dr. Athena Perrakis, Sage Goddess



fter so much time cooped up in our personal spaces, many of us are getting bitten by the travel bug and planning getaways near and far. Of course, everyone has their must-have travel items, but did you know that crystals make excellent travel companions?

Whether you're a crystal master or new to gemstone healing, traveling with your stones is a powerful way to stay protected, positive, and open to new experiences. That's why I wrote this blog — to connect you with some of the best traveling gems on the planet.

Before setting off on your trip, be mindful of what you may expect on your holiday and how the location change will impact your mood, health, and intentions. Why are you going on this journey? Is it for pleasure? Are you reconnecting with friends and loved ones? Is it business-related? Whatever your reasons for travel, there are potent stones that can cleanse, restore, and empower

not only your energy but the energies around you.

If you're new to working with gemstones, check out the Crystal Healing page on my website for more information, plus my top 13 gemstones.

Here are the top five stones for traveling!

1. Crazy Lace Agate

This gem encourages you to stay present in the moment — feeling safe, secure, and well. Its swirling pattern brings a circular flow of energy that stimulates the mind and body.

Our nomadic ancestors in ancient times made healing and protective amulets from crazy lace agate. They found that it prevented accidents during travel and helped strengthen the body, orient the mind, and bring peaceful calm. Today, we work with this gem for these same benefits.

TOP 5 STONES FOR TRAVELING



- 1. CRAZY LACE AGATE
- 2. IOLITE
- 3. BLACK KYANITE
- 4. DREAM AMETHYST
- 5. HESSONITE GARNET

Crazy lace agate is also a happy stone. It helps you find joy and laughter during difficult times.

2. Iolite

Iolite, also known as cordierite, helps you find your way through the voyage of life with direction and clarity. The Vikings used it to help them "see" their voyages in their Third Eye Chakra before they left the shore.

Iolite guides you in understanding what your heart truly wants and helps you see what lies ahead so that you can take the best course of action. This gem also provides guidance for sacred and divine peace.

3. Black Kyanite

Black kyanite is a powerful clearing, protective, grounding, and energizing gem that activates the Earth Star Chakra. It's the only stone that can clear negative energies from other stones, and it never needs to be cleared or cleansed itself.

Black kyanite also increases interdimensional awareness and helps you connect with spirit guides and access past-life memories to see clearly where your soul needs healing and retrieval.

4. Dream Amethyst

This stone is all about healing, clearing, and detoxifying. Dream amethyst is a mixture of amethyst and white quartz that deepens meditation and connects you to the

higher realms, including your angels and spirit guides. It clears the aura and creates a protective bubble around you, wrapping you up in a shield to ward off psychic attacks and any negative energies.

Change becomes more manageable when you work with dream amethyst — it lessens resistance to change, helping you grow spiritually, mentally, and emotionally. Bonus: Dream amethyst helps you get restful sleep — something not always easy to do when traveling.

5. Hessonite Garnet

Hessonite garnet is known as the traveler's stone — it brings good relationships to travelers. It's also a traditional

wealth stone heralded for bringing prosperity and abundance.

Hessonite garnet is a stone of synchronicity that aligns you with the energetic frequencies of success and reveals new sources for financial opportunities. It resonates with the Sacral Chakra and activates the lower chakras, protecting your energetic field from unwanted influences.



Leave Your Emotional Baggage

The period before travel can result in a frantic rush to pack and resolve any loose ends before you

take off. It may be helpful to practice letting go of pentup, negative energies tied to your daily routines. Releasing these obstructions will allow you to approach your trip cleansed, renewed, and with an open heart and mind.



Similarly, cleansing and charging the gems you plan to take on your journey removes any residual energies contained within and empowers your stones for the adventure ahead.

On The Road

One important aspect of traveling with crystals is maintaining access to these essential tools so you can work with their medicine when needed. If you can, consider using a Magical Traveling Tool Case to keep your stones and crystals safe and secure, or wear them as jewelry or tucked in a pocket.

You can also tuck stones in your bra or carry a medicine bag.

Air Travel

Security while traveling through the air has never been stricter, and while our crystals are harmless, they may arouse suspicions when passing through airport security.

In the United States, the Transportation Safety Administration (TSA) is responsible for screening passengers before boarding flights. According to the TSA's rules for transporting rocks or stones, it's acceptable to pack your crystals in either your carry-on or checked bags. However, if you do not wish to check your stones in your luggage, you may hold your stones and present them to the security agent during your screening to avoid confusion or alarm.

It's also important to remember that checked bags sometimes become lost or misrouted, and if your gem work is vital for your trip, carrying your gems in a carryon or on your person may be best. Of course, to avoid disappointing surprises, be sure to check ahead of time with your airline for any exceptions or changes to their stone policies.

Cruises

Cruise ships offer ample opportunity for gemstone magic due to the seclusion provided by guest staterooms. While cruise lines like Royal Caribbean do not prohibit stones or crystals, it's best to check with your cruise provider before bringing sacred stones onboard.

It may also be necessary to check the local laws for any ports of call you stop at if you plan to take your gems onshore.

Rail Travel

Like airlines, rail companies allow travelers to both check and carry-on luggage. One of the largest rail carriers in the United States is Amtrak. Amtrak's guidelines for prohibited items indicate gemstones are considered jewelry and should only be carried on your person or in carry-on luggage.

Due to liability concerns, gems are not allowed in checked baggage. While this may be problematic for larger stones, stones worn as jewelry or carried on your person should not cause any trouble.

Automobile Travel

The least restrictive travel method mentioned so far, travel by road, provides ample opportunity to utilize your crystals without judgment from authorities. While a vehicle is not the most spacious environment to practice gemstone magic, it's not impossible.

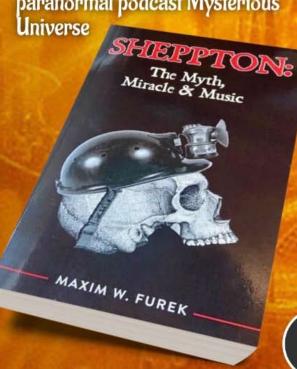
Typically set on the central console, a vehicle's ashtray proximity to both the driver and passengers makes it an ideal location to create a sacred traveling altar space. Just be sure that your portable altar doesn't obstruct your (or your driver's) ability to operate the vehicle safely.

Gratitude for Safe Travel

Upon arrival, take time to thank your crystal allies for a safe journey. Then, cleanse and charge your stones by leaving them in the full moonlight, smudging, or keeping them close to the previously mentioned black kyanite to prepare them for whatever the remainder of your trip has in store.

Finally, remember to keep your stones on you, or at least nearby, so you can work with them as needed. With these potent tools at your fingertips, any trip can become a great escapade.

Featured on Australian paranormal podcast Mysterious



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Staying Strong With the Power of God

By Willie Windwalker Gibson

have always believed in the power of God.
But even with that belief, I don't judge others
— whether you believe there's a God or not is your own business.

My dad, while he was not a churchgoer, believed in God. Every Sunday, he read the *Bible* and watched the church shows on TV. He would even sit us down and preach to us. And, yes, he sent us to Sunday school. He drove the power of God into me.

In fact, that's why I believe I was chosen to be a shaman, to go out and do God's work. To help people in spiritual need. To fight evil wherever it maybe. That's why the darkness has always tried to bring me to my knees.

I have been attacked in many ways: spiritually, physically, and emotionally, as has my wife, Schmon. She has endured many horrific physical things, many painful things. What she and I are going through right now is probably the worst of them all.

The doctor told me that he didn't believe Schmon would ever walk again. But when he saw her the day after surgery, she was moving her legs and arms. He knew it was the power of God that was working through her. Many people all over the world have prayed for Schmon. Many clergy members have come to her bedside and prayed over her.

I know what I do as a shaman has made the evil powers mad, and they have attacked me many



times in many ways. And that means attacking Schmon too. There's always been one tool, one weapon we have had that will also win over evil — the belief in God.

That's why I know Schmon will be home in a few weeks and she and I will get back to doing God's will. We help others the best way we can.

Hopefully, soon, we can get back out in the field and start helping others while spreading God's power. ◆

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